- - WARNING DISCLAIMER- -

Reading the following Bible verses each day may cause the following side effects:

- Peace
- Light heartedness
- Clear vision
- Patience
- Love
- Guidance
- Encouragement
- Courage
- Direction
- Joy

It is not possible to overdose on these verses.

Please do not read verses while driving or operating heavy machinery.

DO read a verse at the start of each day and meditate on that verse throughout the day. ©

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Daily Bible Verse Guide January



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Therefore, if anyone is in Christ, he is a new creation; the old has gone, the new has come! – 2 Corinthians 5:17

Even though, for many of us, the ground is covered with snow and ice and plants are dormant, we can celebrate new life within us. January is the opportunity to make a new start – the New Year.

As you start this New Year, know that in Christ, you are a new creation. Every moment can be a new start. Vow to not only think about the New Year, but vow to make every moment count. Focus on the present. Learn from the past but let go of it. Set goals for the future, but don't live there. Live in the present moment and create the life that you are meant to live. Truly, "The new has come!"

January

- 1) Therefore, if anyone is in Christ, he is a new creation; the old has gone, the new has come! 2 Corinthians 5:17
- 2) Do not be anxious about anything, but in everything, by prayer and petition, with thanksgiving, present your requests to God. Philippians 4:6
- 3) And the peace of God, which transcends all understanding, will guard your hearts and your minds in Christ Jesus. Philippians 4:7
- 4) Give thanks to the Lord, for he is good; his love endures forever. Psalm 118:1
- 5) Then the Lord replied; "Write down the revelation and make it plain on tablets so that a herald may run with it." Habakkuk 2:2
- 6) You are my lamp, O Lord; the Lord turns my darkness into light. 2 Samuel 22:29
- 7) Do not let your hearts be troubled. Trust in God, trust also in me. John 14:1
- 8) Because you know that the testing of your faith develops perseverance.

 James 1:3
- 9) May he give you the desire of your heart and make all your plans succeed. -Psalm 20:4
- 10) You discern my going out and my lying down; you are familiar with all my ways. Psalm 139:3
- 11) For we are God's workmanship, created in Christ Jesus to do good works, which God prepared in advance for us to do. Ephesians 2:10
- 12) Mercy, peace and love be to you in abundance. Jude 12
- 13) Finally, brothers, whatever is true, whatever is noble, whatever is right, whatever is pure, whatever is lovely, whatever is admirable if anything excellent or praiseworthy think about such things. Philippians 4:8
- 14) And pray in the Spirit on all occasions with all kinds of prayers and requests.With this in mind, be alert and always keep on praying for all the saints.Ephesians 6:18

- 15) Commit to the Lord whatever you do, and your plans will succeed.Proverbs 16:3
- 16) You did not choose me, but I chose you and appointed you to go and bear fruit fruit that will last. Then the Father will give you whatever you ask in my name. John 15:16
- 17) The fear of the Lord is the beginning of knowledge, but fools despise wisdom and discipline. Proverbs 1:7
- 18) But when he asks, he must believe and not doubt, because he who doubts is like a wave of the sea blown and tossed by the wind. James 1:6
- 19) He heals the brokenhearted and binds up their wounds. Psalm 147:3
- 20) Before they call I will answer, while they are still speaking I will hear.

 Isaiah 65:24
- 21) This is the confidence we have in approaching God: that if we ask anything according to his will, he hears us. 1 John 5:14
- 22) Devote yourselves to prayer, being watchful and thankful. Colossians 4:2
- 23) And hope does not disappoint us, because God has poured out his love into our hearts by the Holy Spirit, who he has given us. Romans 5:5
- 24) Being strengthened with all power according to his glorious might so that you may have great endurance and patience, and joyfully giving thanks to the Father, who has qualified you to share in they inheritance of the saints in the kingdom of light. Colossians 1:11-12
- 25) If God is for us, who can be against us? Romans 8:31
- 26) Let us fix our eyes on Jesus, the author and perfecter of our faith, who for the joy set before him endured the cross, scorning its shame, and sat down at the right hand of the throne of God. Hebrews 12:2
- 27) Great is the Lord and most worthy of praise; his greatness no one can fathom.

 Psalm 145:3
- 28) But the Helper, the Holy Spirit, whom the Father will send in My name, He will teach you all things, and bring to your remembrance all that I said to you.

 John 14:26

- 29) For he satisfies the thirsty and fills the hungry with good things. Psalm 107:9
- 30) Perseverance must finish its work so that you may be mature and complete, not lacking anything. James 1:4
- 31) Brothers, I do not consider myself yet to have taken hold of it. But one thing I do: Forgetting what is behind and straining toward what is ahead.– Philippians 3:13

January is a perfect time to start a new habit. It takes 30 days to change behavior and form a new habit. If you have already started a discipline of learning to be still through prayer or meditation, make a renewed commitment for the New Year. If you need guidance in this area, these guided meditations will help.

The January 5 verse was this: Then the Lord replied; "Write down the revelation and make it plain on tablets so that a herald may run with it." Habakkuk 2:2

Record your life journ-ey in a journ-al. Journaling can become another form of prayer. You will also find how God has directed your path. Write down your "revelations" in your journal and experience peace, guidance and direction.

If losing weight is an ongoing New Year's resolution, find help here for: <u>Lasting Weight Loss</u>, <u>Lasting Peace</u>. Decide this year that you are going to nourish your mind, body and spirit with good things so that you can live with vitality and purpose.







Daily Bible Verse Guide February



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In him we have redemption through the blood, the forgiveness of sins, in accordance with the riches of God's grace that he lavished on us with all wisdom and understanding. – Ephesians 1:7-8

How great is the love the Father has lavished on us, that we should be called children of God! – 1 John 3:1

When you think of February, you have to think of Valentine's Day and love. "God is love. "His love endures forever." "Who can separate us from the love of God?"

It is hard to be angry, hurt, nervous and anxious when you know you are completely loved and when love radiates from your heart. When you aren't feeling very lovable, know that you are loved by God.

1 John 3:1 doesn't just say that God loves us. It says, "How great is the love the Father has lavished on us. " I just love that word lavish! These two verses use that word to get the point across.

To lavish means – to be extravagant, to literally squander or be wasteful.

As you begin the month of February, continue to know that every day, every moment is a new start and that God lavishes His love on you. Take some of that wasted love and give it back to others.

February

- 1) In him we have redemption through the blood, the forgiveness of sins, in accordance with the riches of God's grace that he lavished on us with all wisdom and understanding. Ephesians 1:7-8
- 2) We have different gifts, according to the grace given us. If a man's gift is prophesying, let him use it in proportion to his faith. Romans 12:6
- 3) He gives strength to the weary and increases the power of the weak.

 Isaiah 40:29
- 4) Listen to this, Job; stop and consider God's wonders. Job 37:14
- 5) A cheerful heart is good medicine, but a crushed spirit dries up the bones.

 Proverbs 17:22
- 6) The Lord will guide you always; he will satisfy your needs in a sun-scorched land and will strengthen your frame. You will be like a well-watered garden, like a spring whose waters never fail. Isaiah 58:11
- 7) Therefore I urge you to imitate me. 1 Corinthians 4:16
- 8) For nothing is impossible with God. Luke 1:37
- 9) But seek his kingdom, and these things will be given to you as well.– Luke 12:31
- 10) And we know that in all things God works for the good of those who love him, who have been called according to his purpose. Romans 8:28
- 11) He cuts off every branch in me that bears no fruit, while every branch that does bear fruit he prunes so that it will be even more fruitful. John 15:2
- 12) If I speak in the tongues of men and of angels, but have not love, I am only a resounding gong or a clanging cymbal. 1 Corinthians 13:1
- 13) Love is patient, love is kind. It always protects, always trusts, always hopes, always perseveres. 1 Corinthians 13: 4 & 7
- 14) Love never fails. But where there are prophecies, they will cease; where there are tongues, they will be stilled; where there is knowledge, it will pass away.

- 1 Corinthians 13:8
- 15) This is the message we have heard from him and declare to you: God is light; in him there is no darkness at all. 1 John 1:5
- 16) And that you may love the Lord your God, listen to his voice, and hold fast to him. For the Lord is your life, and he will give you many years in the land he swore to give to your fathers, Abraham, Isaac and Jacob. Deuteronomy 30:20
- 17) Do not merely listen to the word, and so deceive yourselves. Do what it says. James 1:22
- 18) Whoever believes in me, as the Scripture has said, streams of living water will flow from within. John 7:38
- 19) He answered; "Love the Lord your God with all your heart and with all your soul and with all your strength and with all your mind," and, "Love your neighbor as yourself." Luke 10:27
- 20) Rejoice in the Lord always. I will say it again: Rejoice! Philippians 4:4
- 21) The Lord is my shepherd; I shall not be in want. Psalm 23:1
- 22) In his heart a man plans his course, but the Lord determines his steps.Proverbs 16:9
- 23) Surely God is my salvation; I will trust and not be afraid. The Lord is my strength and my song; he has become my salvation. Isaiah 12:2
- 24) You are the salt of the earth. But if the salt loses its saltiness, how can it be made salty again? It is no longer good for anything, except to be thrown out and trampled by men. Matthew 5:12
- 25) Give thanks to the Lord, for he is good. His love endures forever. Psalm 136:1
- 26) Many waters cannot quench love; rivers cannot wash it away.Song of Solomon 8:7
- 27) So we fix our eyes not on what is seen, but on what is unseen. For what is seen is temporary, but what is unseen is eternal. 2 Corinthians 4:18
- 28) And so we know and rely on the love God has for us. God is love. Whoever lives in love lives in God, and God in him. 1 John 4:16

29) I run in the path of your commands, for you have set my heart free.

– Psalm 119:32

Have you taken time to "be still" this month. The true meaning of "be still" will surprise you.

If you don't feel so loving towards yourself, perhaps there are judgments that you are holding onto. Let go of the past, hurts or judgments. Here's a resource to help: Be Still and Let it Go:

Guided Meditations Find Peace, Clarity and Direction

> Get Them Now As MP3s or CD



Daily Bible Verse Guide March



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I am the true vine, and my Father is the gardener. - John 15:1

March begins the start of new life. A full-blown spring is just around the corner. There are many references in the Bible about growth. We are told to bear fruit, that we will be known by the fruit we produce, to be rooted, there is a season for every activity, and that we are born not of perishable seed.

Continue on a path of spiritual growth. Know that God is the gardener taking care of you. Also know that growth doesn't happen over night. You can't plant an Oak tree and rush the process. The growth is happening under the ground where it can't be seen. A strong foundation is being developed to support the future growth which will break forward for all to see. Oak trees also have firm, sturdy trunks and a good limb structure. This foundation of steady and solid growth allows the Oak tree to weather the winds and storms.

We live in a society where we want everything instantly. If you are familiar with a Bradford Pear tree, they are beautiful, symmetrical trees that grow very quickly. While these trees are beautiful on the outside, their growth structure provides the opposite stability of an Oak tree. The massive limbs and shallower roots make the Bradford Pear tree the first tree to be blown over in a severe thunderstorm. Plus, the life span of a Bradford Pear tree is only twenty five years, while an Oak tree can live for centuries.

Don't model yourself after the Bradford Pear, be a firm tree like an Oak. Then you can weather the storms that will come throughout your life. True growth doesn't happen overnight. Be faithful every day to root yourself in God's promises and love for you.

March

- 1) I am the true vine, and my Father is the gardener. John 15:1
- 2) I meditate on your precepts and consider your ways. Psalm 119:15
- 3) These things I have spoken to you so that in Me you may have peace. In the world you have tribulation, but take courage; I have overcome the world.
 John 16:33
- 4) And do not be conformed to this world, but be transformed by the renewing of your mind, so that you may prove what the will of God is, that which is good and acceptable and perfect. Romans 12:2
- 5) Also it is not good for a person to be without knowledge, and he who hurries his footsteps errs. Proverbs 19:2
- 6) As one whom his mother comforts, so I will comfort you. Isaiah 66:13
- 7) And He said to them, "Because of the littleness of your faith; for truly I say to you, if you have faith the size of a mustard seed, you will say to this mountain, 'Move from here to there,' and it will move; and nothing will be impossible for you." Matthew 17:20
- 8) To him the doorkeeper opens, and the sheep hear his voice, and he calls his own sheep by name and leads them out. John 10:3
- 9) And put on the new self, which in the likeness of God has been created in righteousness and holiness of the truth. Ephesians 4:24
- 10) But the noble man devises noble plans; and by noble plans he stands.

 Isaiah 32:8
- 11) I am the vine, you are the branches; he who abides in Me and I in him, he bears much fruit, for apart from Me you can do nothing. John 15:5
- 12) So then, while we have opportunity, let us do good to all people, and especially to those who are of the household of the faith. Galatians 6:10
- 13) I will not leave you as orphans; I will come for you. John 14:18
- 14) Do not be overcome by evil, but overcome evil with good. Romans 12:21

- 15) Now may the God of hope fill you with all joy and peace in believing, so that you will abound in hope by the power of the Holy Spirit. Romans 15:13
- 16) Your word is a lamp to my feet and a light to my path. Psalm 119:105
- 17) The way of the righteous is smooth; O Upright One, make the path of the righteous level. Isaiah 26:7
- 18) I waited patiently for the Lord; and He inclined to me and heard my cry.– Psalm 40:1
- 19) God saw all that he had made, and it was good. Genesis 1:31
- 20) There is no fear in love; but perfect love casts out fear, because fear involves punishment, and the one who fears is not perfected in love. 1 John 4:18
- 21) We count those blessed who endured; you have heard of the endurance of Job and have seen the outcome of the Lord's dealings, that the Lord is full of compassion and is merciful. James 5:11
- 22) I know that You can do all things, and that no purpose of Yours can be thwarted. Job 42:2
- 23) Let my meditation be pleasing to Him; as for me, I shall be glad in the Lord.

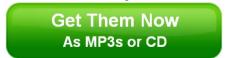
 Psalm 104:34
- 24) Looking at them, Jesus said, "With people it is impossible, but not with God; for all things are possible with God." Mark 10:27
- 25) But now, O Lord, You are our Father, we are the clay, and You our potter; and all of us are the work of Your hand. Isaiah 64:8
- 26) I will give thanks to You, for I am fearfully and wonderfully made; wonderful are Your works, and my soul knows it very well. Psalm 139:14
- 27) For you have been bought with a price: therefore glorify God in your body.

 1 Corinthians 6:20
- 28) Therefore everyone who hears these words of Mine and acts on them, may be compared to a wise man who built his house on the rock. Matthew 7:24
- 29) Search me, O God, and know my heart; try me and know my anxious thoughts.

 Psalm 139:23

- 30) Seek the Lord while He my be found; call upon Him while He is near. Isaiah 55:6
- 31) For we walk by faith and not by sight. 2 Corinthians 5:7

Guided Meditations Find Peace, Clarity and Direction





Daily Bible Verse Guide April



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And why do you worry about clothes? See how the lilies of the field grow. They do not labor or spin. – Matthew 6:28

April has many meanings. For one, April Fools' Day. I've heard an expression about God taking care of children and fools. April is also tax time. Taxes can certainly create a time to be anxious.

Another elaborated version of the Bible verse above is found in the book of Luke, chapter 12 and verses 27 and 28.

"Consider how the lilies grow. They do not labor or spin. Yet I tell you, not even Solomon in all his splendor was dressed like one of these. If that is how God clothes the grass of the field, which is here today, and tomorrow is thrown into the fire, how much more will he clothe you, O you of little faith!"

April also means the richness of spring. Many times Easter falls in this month. Jesus Christ represents the quintessential definition of new life.

Pay attention to all of the wonders of nature and the new life that is popping up all around you. Continue to renew yourself each day and to rest in the fact that you are being cared for.

April

- The way of a fool seems right to him, but a wise man listens to advice.Proverbs 12:15
- 2) And why do you worry about clothes? See how the lilies of the field grow. They do not labor or spin. Matthew 6:28
- 3) But when He, the Spirit of truth comes, He will guide you into all the truth; for He will not speak on His own initiative, but whatever He hears, He will speak; and He will disclose to you what is to come. John 16:13
- 4) O taste and see that the Lord is good; how blessed is the man who takes refuge in Him! Psalm 34:8
- 5) Do not boast about tomorrow, for you do not know what a day may bring forth. Proverbs 27:1
- 6) Consider the ravens, for they neither sow nor reap; they have no store room nor barn, and yet God feeds them; how much more valuable you are than the birds! Luke 12:24
- 7) For where your treasure is, there your heart will be also. Matthew 6:21
- 8) Wait for the Lord; be strong and let your heart take courage; yes, wait for the Lord. Psalm 27:14
- 9) Then Jesus again spoke to them, saying, "I am the Light of the world; he who follows Me will not walk in the darkness, but will have the Light of life."
 John 8:12
- 10) He who walks with wise men will be wise, but the companion of fools will suffer harm. Proverbs 13:20
- 11) No temptation has overtaken you but such as is common to man; and God is faithful, who will not allow you to be tempted beyond what you are able, but with the temptation will provide the way of escape also, so that you will be able to endure it. 1 Corinthians 10:13
- 12) For His anger is but for a moment, His favor is for a lifetime; weeping may last for the night, but a shout of joy comes in the morning. Psalm 30:5

- 13) And I pray that you, being rooted and established in love, may have power, together with all the saints, to grasp how wide and long and high and deep is the love of Christ. Ephesians 3:17-18
- 14) Whatever you do, do your work heartily, as for the Lord rather than for men.Colossians 3:23
- 15) Cast all your anxiety on him because he cares for you. 1 Peter 5:7
- 16) And who of you by being worried can add a single day to his life?– Matthew 10:19
- 17) There is a time for everything, and a season for every activity under heaven.

 Ecclesiastes 3:1
- 18) Apply your heart to instruction and your ears to words of knowledge.

 Proverbs 23:12
- 19) The unfolding of your words gives light; it gives understanding to the simple.

 Psalm 119:130
- 20) For the earth is the Lord's, and, everything in it. 1 Corinthians 10:26
- 21) For behold, I create new heavens and a new earth; and the former things will not be remembered or come to mind. Isaiah 65:17
- 22) Therefore, since we have been justified through faith, we have peace with God through our Lord Jesus Christ, through whom we have gained access by faith into this grace in which we now stand. And we rejoice in the hope of the glory of God. Romans 5:1-2
- 23) Not only so, but we also rejoice in our sufferings, because we know that suffering produces perseverance; perseverance, character; and character, hope.

 Romans 5:3-4
- 24) Therefore my heart is glad and my tongue rejoices; my body also will rest secure. Psalm 16:9
- 25) Delight yourself in the Lord and he will give you the desires of your heart.

 Psalm 37:4
- 26) Above all else, guard your heart, for it is the wellspring of life. Proverbs 4:23
- 27) As water reflects a face, so a man's heart reflects the man. Proverbs 27:19

- 28) So we say with confidence, the Lord is my helper; I will not be afraid. What can man do to me? Hebrews 13:6
- 29) It is good to praise the Lord and make music to your name, O Most High, to proclaim your love in the morning and your faithfulness at night.Psalm 92 1-2
- 30) For everything that was written in the past was written to teach us, so that through endurance and the encouragement of the Scriptures we might have hope. Romans 15:5

Feeling a little overwhelmed? Try this prayer.

Never tried meditation? I hadn't either until one crazy work day made me almost lose my mind. Meditation is a powerful tool to clear your cluttered thoughts and find God's peace clarity and direction. Here are step-by-step resources to help.

Guided Meditations Find Peace, Clarity and Direction





Daily Bible Verse Guide May



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Every good thing given and every perfect gift is from above, coming down from the Father of lights, with whom there is no variation or shifting shadow.

– James 1:17

There are many references in the Bible regarding light. 1 John 1:5 states, "God is light; in him is no darkness at all." This verse assures us of two things - we can see clearly that every perfect gift comes from God because He is light, and - God never changes.

As spring moves into summer, we enjoy more light each day. It's hard to see anything in the dark. It's hard to know where to walk in the dark. God's light lights our path.

As Christians, we also are light. Matthew 5:14-16 says, "You are the light of the world. A city on a hill cannot be hidden. Neither do people light a lamp and put it under a bowl. Instead they put it on its stand, and it gives light to everyone in the house. In the same way, let your light shine before men, that they may see your good deeds and praise your Father in heaven."

As you continue on building a closer relationship with God, don't keep your light hidden. Think of ways to be of service and let your light shine.

May

- Every good thing given and every perfect gift is from above, coming down from the Father of lights, with whom there is no variation or shifting shadow.
 James 1:17
- 2) They will speak of the glorious splendor of your majesty, and I will meditate on your wonderful works. Psalm 145:5
- 3) You will keep in perfect peace him whose mind is steadfast, because he trusts in you. Isaiah 26:3
- 4) Things which eye has not seen and ear has not heard, and which have not entered the heart of man, all that God has prepared for those who love Him. 1 Corinthians 2:9
- 5) And that you be renewed in the spirit of your mind. Ephesians 4:23
- 6) He put a new song in my mouth, a song of praise to our God; many will see and fear and will trust in the Lord. Psalm 40:3
- 7) He counts the numbers of the stars; He gives names to all of them.– Psalm 147:4
- 8) So do not be like them; for your Father knows what you need before you ask Him. Matthew 6:8
- 9) Moreover, I will give you a new heart and put a new spirit within you; and I will remove the heart of stone from your flesh and give you a heart of flesh.

 Ezekiel 36:26
- 10) Honor your father and your mother. Mark 7:10
- 11) For you were once darkness, but now you are light in the Lord. Live as children of light. Ephesians 5:8
- 12) No one lights a lamp and puts it in a place where it will be hidden, or under a bowl. Instead he puts it on it stand, so that those who come in may see the light. Luke 11:33

- 13) We urge you, brethren, admonish the unruly, encourage the fainthearted, help the weak, be patient with everyone. 1 Thessalonians 5:14
- 14) But if we hope for what we do not see, with perseverance we wait eagerly for it. Romans 8:25
- 15) And in him you too are being built together to become a dwelling in which God lives by his Spirit. Ephesians 3:17-18
- 16) Finally, brethren, rejoice, be made complete, be comforted, be like-minded, live in peace; and the God of love and peace will be with you.
 2 Corinthians 13:11
- 17) Therefore, since we have so great a cloud of witnesses surrounding us, let us also lay aside every encumbrance and the sin which so easily entangles us, and let us run with endurance the race that is set before us. Hebrews 12:1
- 18) Come near to God and he will come near to you. James 4:8
- 19) For the Lord takes delight in his people. Psalm149:4
- 20) Forget the former things; do not dwell on the past. Isaiah 43:18
- 21) And Jesus said to him, "If you can?" All things are possible to him who believes". Mark 9:23
- 22) Woe to the one who quarrels with his Maker An earthenware vessel among the vessels of earth! Will the clay say to the potter, 'What are you doing?' Or the thing you are making say, 'He has no hands'? Isaiah 45:9
- 23) Serve wholeheartedly, as if you were serving the Lord, not men.– Ephesians 6:7
- 24) Your kingdom is an everlasting kingdom, and your dominion endures through all generations. Psalm 145:13
- 25) Therefore I say to you, all things for which you pray and ask, believe that you have received them, and they will be granted you. Mark 11:24
- 26) Be completely humble and gentle; be patient, bearing with one another in love. Ephesians 4:2

- 27) Do you not know that those who run in a race all run, but only one receives the prize? Run in such a way that you may win. 1 Corinthians 9:24
- 28) I press on toward the goal for the prize of the upward call of God in Christ Jesus. Philippians 3:14
- 29) Instruct those who are rich in this present world not to be conceited or to fix their hope on the uncertainty of riches, but on God, who richly supplies us with all things to enjoy. 1 Timothy 6:17
- 30) I sought the Lord, and he answered me; he delivered me from all my fears.

 Psalm 34:4
- 31) But let it be the hidden person of the heart, with the imperishable quality of a gentle and quiet spirit, which is precious in the sight of God. 1 Peter 3:4

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Daily Bible Verse Guide June



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The purposes of a man's heart are deep waters, but a man of understanding draws them out. – Proverbs 20:5

Many times we can allow our purpose to be buried deep within us, so deep that we may not find it. It is easy to let the busyness of life get in the way. Making money, paying the bills, fulfilling all of life's demands can leave little time to explore our inner desires and purpose.

If you have been swept along by the waves of life, make a renewed commitment to discover what is deep inside of you. What talents and gifts has God given you that you aren't using to the fullest or at all? Need help discovering your purpose?

Understanding your strengths and talents is a great way to start. I call it how you are wired. Here's a free evaluation to give you some insights: The Keirsey Temperament Sorter

For a more in depth dive into your strengths from a career perspective, <u>Click here</u> to find out more about a Strengths Report from a friend of mine. This is a paid report. If you are interested, I'll be happy to send you my report. Just email me at support@guidedchristianmeditation.com.

June

- 1) The purposes of a man's heart are deep waters, but a man of understanding draws them out. Proverbs 20:5
- 2) Therefore I urge you, brethren, by the mercies of God, to present your bodies a living and holy sacrifice, acceptable to God, which is your spiritual service of worship. Romans 12:1
- 3) Sing to him a new song; play skillfully, and shout for joy. Psalm 33:3
- 4) Come to Me, all who are weary and heavy-laden, and I will give you rest.

 Matthew 11:28
- 5) In the same way the Spirit also helps our weakness; for we do not know how to pray as we should, but the Spirit Himself intercedes for us with groanings too deep for words. Romans 8:26
- 6) For everyone who asks receives, and he who seeks finds, and to him who knocks it will be opened. Matthew 7:8
- 7) Heaven and earth will pass away, but My words will not pass away.

 Matthew 24:35
- 8) Make me understand the way of Your precepts, so I will meditate on Your wonders. Psalm 119:27
- 9) But these have been written so that you may believe that Jesus is the Christ, the Son of God; and that believing you may have life in His name. John 20:31

- 10) He tends his flock like a shepherd; He gathers the lambs in his arms and carries them close to his heart. Isaiah 40:11
- 11) For my yoke is easy and my burden is light. Matthew 11:30
- 12) I have come into the world as a light, so that no one who believes in me should stay in darkness. John 12:46
- 13) But everything exposed by the light becomes visible. Ephesians 5:13
- 14) Shout for joy, O heavens; rejoice O earth; burst into song, O mountains! For the Lord comforts his people and will have compassion on his afflicted ones.
 Isaiah 49:13
- 15) There is a time for everything, a time to search and a time to give up, a time to keep and a time to throw away. Ecclesiastes 3:1 & 6
- 16) An anxious heart weighs a man down, but a kind word cheers him up.– Proverbs 12:25
- 17) For the word of the Lord is right and true; he is faithful in all he does.

 Psalm 33:4
- 18) There is one body and one Spirit-just as you were called to one hope when you were called-one Lord, one faith, one baptism; one God and Father of all, who is over all and through all and in all. Ephesians 4:4-6
- 19) His divine power has given us everything we need for life and godliness through our knowledge of him who called us by his own glory and goodness. 2 Peter 1:3
- 20) May the words of my mouth and the meditation of my heart be pleasing to your site, O Lord, my Rock and my Redeemer. Psalm 19:14
- 21) A wise son heeds his father's instruction. Proverbs 13:1
- 22) Wait for the Lord; be strong and take heart and wait for the Lord. Psalm 27:14
- 23) A heart at peace gives life to the body, but envy rots the bones.

 Proverbs 15:13
- 24) And you will know the truth, and the truth will make you free. John 8:32

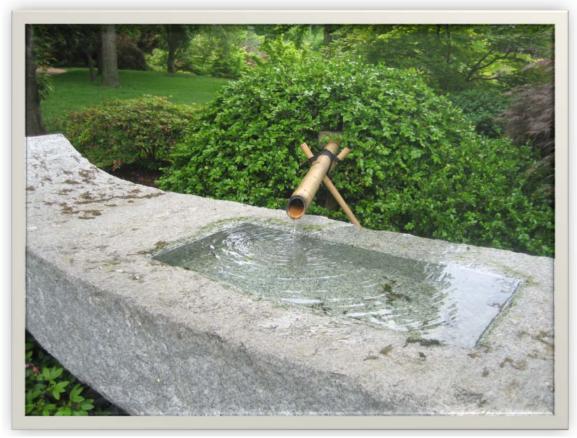
- 25) Which of you, if his son asks for bread, will give him a stone? Or if he asks for a fish, will give him a snake? If you, then though you are evil, know how to give good gifts to your children, how much more will your Father in heaven give good gifts to those who ask him? Matthew 7:9-11
- 26) The Lord is faithful to all his promises and loving toward all he has made.– Psalm 145:13
- 27) I praise you because I am fearfully and wonderfully made; your works are wonderful, I know that full well. Psalm 139:118
- 28) For everything God created is good, and nothing is to be rejected if it is received with thanksgiving. 1 Timothy 4:4
- 29) The precepts of the Lord are right, giving joy to the heart. Psalm 19:8
- 30) The Lord has done great things for us, and we are filled with joy. Psalm 126:3

Guided Meditations Find Peace, Clarity and Direction





Daily Bible Verse Guide July



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"But whoever drinks the water I give him will never thirst. Indeed, the water I give him will become in him a spring of water welling up to eternal life."

- John 4:14

Being thirsty is an awful feeling. What a relief to drink a wonderful glass of cold water on a hot July day. The Psalmist often wrote about thirsting for God.

I equate being thirsty to searching and not being satisfied. So many people are searching for love, happiness, fulfillment, success, security, and peace. The process is exhausting. The problem is searching for other things to satisfy that thirst. The results may work, but only temporarily. Ultimately, our souls are crying out. Jesus said, "You will find rest for your souls." Through Him, we never need to thirst again.

Renew your commitment to draw closer to your Creator and enjoy the peace and satisfaction that only God's love can bring.

July

- "But whoever drinks the water I give him will never thirst. Indeed, the water I give him will become in him a spring of water welling up to eternal life."

 John 4:14
- 2) Listen to advice and accept instruction, and in the end you will be wise.– Proverbs 19:20
- 3) For the word of God is living and active. Sharper than any double-edged sword, it penetrates even to dividing soul and spirit, joints and marrow; it judges the thoughts and attitudes of the heart. Hebrews 4:12
- 4) Now the Lord is Spirit, and where the Spirit of the Lord is, there is freedom. 2 Corinthians 3:17
- 5) You, my brothers are called to be free. But do not use your freedom to indulge the sinful nature; rather, serve one another in love. Galatians 5:13
- 6) By their fruit you will recognize them. Do people pick grapes from the thorn bushes, or figs from thistles? Matthew 7:16
- 7) But as for you, be strong and do not give up, for your work will be rewarded. 2 Chronicles 15:7
- 8) Pay attention and listen to the sayings of the wise; apply your heart to what I teach. Proverbs 22:17
- 9) Worship the Lord with gladness; come before him with joyful songs. Psalm 100:2
- 10) So we make it our goal to please him, whether we are at home in the body or away from it. 2 Corinthians 5:9
- 11) All Scripture is God-breathed and is useful for teaching, rebuking, correcting and training in righteousness. 2 Timothy 3:16
- 12) Don't be misled: Bad company corrupts good character. 1 Corinthians 15:33
- 13) Being confident in this, that he who began a good work in you will carry it on to completion until the day of Christ Jesus. Philippians 1:6

- 14) I tell you the truth; you will weep and mourn while the world rejoices. You will grieve, but your grief will turn to joy. John 16:20
- 15) Now to him who is able to do immeasurably more than all we ask or imagine, according to his power that is at work within us. Ephesians 3:20
- 16) Humble yourselves, therefore, under God's mighty hand, that he may lift you up in due time. Cast all your anxiety on him because he cares for you.

 1 Peter 5:6 & 7
- 17) The name of the Lord is a strong tower; the righteous run to it and are safe.

 Proverbs 18:10
- 18) For God's gifts and his call are irrevocable. Romans 11:29
- 19) The fruit of righteousness will be peace; the effect of righteousness will be quietness and confidence forever. Isaiah 32:17
- 20) A kind man benefits himself, but a cruel man brings trouble on himself.– Proverbs 11:17
- 21) I know that my Redeemer lives, and that in the end he will stand upon the earth. Job 19:25
- 22) Be still, and know that I am God. Psalm 46:10
- 23) Whether you turn to the right or to the left, your ears will hear a voice behind you, saying, "This is the way; walk in it." Isaiah 30:21
- 24) I am the good shepherd; I know my sheep and my sheep know me.

 John 10:14
- 25) Now we see but a poor reflection as in a mirror; then we shall see fact to face. Now I know in part; then I shall know fully, even as I am fully known. – 1 Corinthians 13:12
- 26) You have made known to me the path of life; you will fill me with joy in your presence, with eternal pleasure at your right hand. Psalm 16:11
- 27) Never be lacking in zeal, but keep your spiritual fervor, serving the Lord.

 Romans 12:11

- 28) Do not lie to each other, since you have taken off your old self with its practices and have put on the new self, which is being renewed in knowledge in the image of its Creator. Colossians 3:9-10
- 29) How great is the love the Father has lavished on us, that we should be called children of God! And that is what we are! The reason the world does not know us is that it did not know him. 1 John 3:1
- 30) The Lord your God is with you, he is mighty to save. He will take great delight in you, he will quiet you with his love, he will rejoice over you with singing.

 Zephaniah 3:17
- 31) Trust in the Lord with all your heart and lean not on your own understanding. Proverbs 3:5

God is listening. Are you?

Guided Meditations Find Peace, Clarity and Direction





Daily Bible Verse Guide August



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Be still and know that I am God. – Psalm 46:10

We live in a noisy world. If you live in a city, there are loud sounds of constant traffic, sirens, blaring train horns, and the roar of airplane engines overhead. Computers, televisions, cell phones, personal electronic devices bombard our senses. Some people can't tolerate silence. Each moment has to be filled with some kind of noise. Many people are afraid of silence. If there is a lull in a conversation, it becomes awkward and someone will begin to speak to fill in the gap. Don't let that be you.

How much of our relationship with God is one-sided, meaning, who's doing all of the talking? Even though prayer is important in a spiritual life, how often do we listen? While the Bible talks about asking, it also talks about being still. How often are we silent? Some of the most profound insights can come when being silent.

If you don't meditate on a regular basis, I urge you to try being still. Feel the presence of God by retreating to a quiet place.

Getting quiet will renew your body and spirit and will draw you closer to God. God speaks to us in the stillness. Be still.

August

- 1) Blessed are the pure in heart, for they will see God. Matthew 5:8
- 2) My dear brothers, take note of this: Everyone should be quick to listen, slow to speak and slow to become angry. James 1:19
- 3) Let the wise listen and add to their learning, and let the discerning get quidance. Proverbs 1:5
- 4) The Lord is a refuge for the oppressed, a stronghold in times of trouble.

 Psalm 9:9
- 5) May the words of my mouth and the meditation of my heart be pleasing in your sight, O Lord, my Rock and my Redeemer. Psalm 19:14
- 6) There is no wisdom, no insight, no plan that can succeed against the Lord. Proverbs 21:30
- 7) The Lord does not look at the things man looks at. Man looks at the outward appearance, but the Lord looks at the heart. I Samuel 16:7
- 8) O Lord, my strength and my fortress, my refuge in time of distress.

 Jeremiah 16:19
- 9) A new command I give you: Love one another. As I have loved you, so you must love one another. John 13:34
- 10) But the fruit of the Spirit is love, joy, peace, patience, kindness, goodness, faithfulness. Galatians 5:22
- 11) Consequently, faith comes from hearing the message, and the message is heard through the word of Christ. Romans 10:17
- 12) Oh how I love your law! I meditate on it all day long. Psalm 119:97
- 13) For God is not a God of confusion, but of peace. I Corinthians 14:33
- 14) Jesus replied: "Love the Lord your God with all your heart and with all your soul and with all your mind." Matthew 22:37

- 15) For where two or three are gathered together in My name, I am there in their midst. Matthew 18:20
- 16) Acknowledge the God of your father, and serve him with wholehearted devotion and with a willing mind, for the Lord searches every heart and understands every motive behind the thoughts. If you seek him, he will be found by you; but if you forsake him, he will reject you forever.
 - 1 Chronicles 28:9
- 17) Heaven and earth will pass away, but My words will not pass away.

 Luke 21:33
- 18) He restores my soul; He guides me in the paths of righteousness for His name's sake. Psalm 23:3
- 19) So, as those who have been chosen of God, holy and beloved, put on a heart of compassion, kindness, humility, gentleness and patience. Colossians 3:12
- 20) Retain the standard of sound words which you have heard from me, in the faith and love which are in Christ Jesus. 2 Timothy 1:13
- 21) Blessed is the man who perseveres under trial; for once he has been approved, he will receive the crown of life which the Lord has promised to those who love Him. James 1:12
- 22) If possible, so far as it depends on you, be at peace with all men.

 Romans 12:18
- 23) But you will receive power when the Holy Spirit has come upon you; and you shall be My witnesses both in Jerusalem, and in all Judea and Samaria, and even to the remotest part of the earth. Acts 1:8
- 24) For bodily discipline is only of little profit, but godliness is profitable for all things, since it holds promise for the present life and also for the life to come.
 1 Timothy 4:8
- 25) As God has said: "I will live with them and walk among them, and I will be their God, and they will be my people." 2 Corinthians 6:16
- 26) Behold, He who keeps Israel will neither slumber nor sleep. Psalm 121:4
- 27) But if any of you lacks wisdom, let him ask of God, who gives to all generously and without reproach, and it will be given to him. James 1:5

- 28) A fool finds no pleasure in understanding but delights in airing his own opinions. Proverbs 18:2
- 29) I can do everything through him who gives me strength. Philippians 4:13
- 30) This is why I write these things when I am absent, that when I come I may not have to be harsh in my use of authority the authority the Lord gave me for building you up, not for tearing you down. 2 Corinthians 13:10
- 31) You are the light of the world. A city on a hill cannot be hidden.

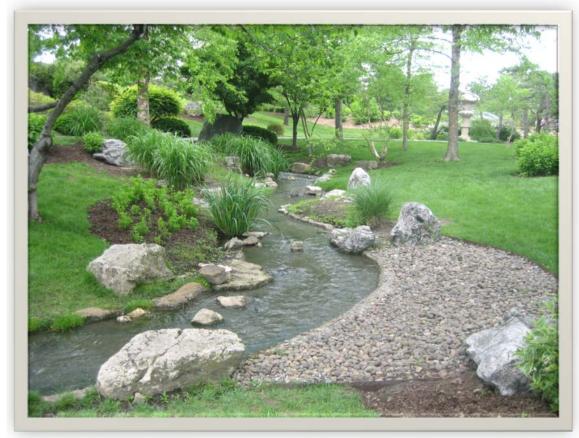
- Matthew 5:14

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Daily Bible Verse Guide September



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As the deer pants for the water brooks, so my soul pants for You, O God.

- Psalm 42:1

We all desire to be comfortable. It's when we become too comfortable, however, that we start to have problems. When we become too comfortable, we can become complacent. Relationships can start to break down because of neglect. The high emotions and excitement at the beginning can fade rapidly.

This can happen in our relationship with God too. How quick are we to beg for help, bargaining sometimes, yet days, weeks, months, or even years may go by without even acknowledging His presence.

Make a conscious effort to feel connected to God. Ask that your love for Him be renewed and deepened every day. Be aware that you are always connected to God's love. "For I am convinced that neither death nor life, neither angels nor demons, neither the present nor the future, nor any powers, neither height nor depth, nor anything else in all creation, will be able to separate us from the love of God that is in Christ Jesus our Lord." – Romans 8:38

Persistence is the key to anything we do in life. Persistence is what it takes in having meaningful relationships. That includes our relationship with God.

We are God's children. Just like little children persist in getting what they want, we need to be persistent, as God's children, to seek His presence in our daily lives. As James states so eloquently in Chapter 4 verse 8: "Draw near to God and He will draw near to you."

September

- As the deer pants for the water brooks, so my soul pants for You, O God.
 Psalm 42:1
- 2) I gain understanding from your precepts; therefore I hate every wrong path. Psalm 119:104
- 3) No one has ever seen God, but if we love one another, God lives in us and his love is made complete in us. 1 John 4:12
- 4) God is love. Whoever lives in love lives in God, and God in him. 1 John 4:16
- 5) This is the day the Lord has made; let us rejoice and be glad in it. Psalm 118:9
- 6) And in him you too are being built together to become a dwelling in which God lives by his Spirit. Ephesians 4:22
- 7) I am the Lord your God, who teaches you what is best for you, who directs you in the way you should go. Isaiah 48:17
- 8) For everything that was written in the past was written to teach us, so that through endurance and the encouragement of the Scriptures we might have hope. Romans 15:4
- 9) The Lord is my strength and my shield; my heart trusts in him, and I am helped. My heart leaps for joy and I will give thanks to him in song. Psalm 28:7
- 10) You know when I sit and when I rise; you perceive my thoughts from afar.

 Psalm 139:2
- 11) Peace I leave with you; my peace I give you. I do not give to you as the world gives. Do not let your hearts be troubled and do not be afraid. John 14:27
- 12) Look at the birds of the air; they do not sow or reap or store away in barns, and yet hour heavenly Father feeds them. Are you not much more valuable than they? Matthew 6:26
- 13) Create in me a pure heart, O God, and renew a steadfast spirit within me.– Psalm 51:10
- 14) Listen my son, and be wise, and keep your heart on the right path.

- Proverbs 23:19
- 15) For you created my inmost being; you knit me together in my mother's womb.

 Psalm 139:13
- 16) He who forms the mountains, creates the wind, and reveals his thoughts to man, he who turns dawn to darkness, and treads the high places of the earth the Lord God Almighty is his name. Amos 4:13
- 17) And this is my prayer; that your love may abound more and more in knowledge and depth of insight. Philippians 1:9
- 18) For this very reason, make every effort to add to your faith goodness; and to goodness, knowledge; and to knowledge, self-control; and to self-control, perseverance; and to perseverance, godliness; and to godliness, brotherly kindness; and to brotherly kindness, love. 2 Peter 1:5-7
- 19) Then he said to them, "Watch out! Be on guard against all kinds of greed; a man's life does not consist in the abundance of his possessions." Luke 12:15
- 20) Let the word of Christ dwell in you richly as you teach and admonish one another with all wisdom, and as you sing psalms, hymns and spiritual songs with gratitude in your hearts to God. Colossians 3:16
- 21) Be strong and take heart, all you who hope in the Lord. Psalm 31:24
- 22) And surely I am with you always, to the very end of the age. Matthew 28:20
- 23) Apply your heart to instruction and your ears to words of knowledge.– Proverbs 23:12
- 24) Your attitude should be the same as that of Christ Jesus. Philippians 2:5
- 25) Avoid godless chatter, because those who indulge in it will become more and more ungodly. 2 Timothy 2:16
- 26) He has made everything beautiful in its time. He has also set eternity in the hearts of men; yet they cannot fathom what God has done from beginning to end. Ecclesiastes 3:11
- 27) If you believe, you will receive whatever you ask for in prayer. Matthew 21:22
- 28) He who belongs to God hears what God says. The reason you do not hear is that you do not belong to God. John 8:47

- 29) Do everything without complaining or arguing, so that you may become blameless and pure, children of God without fault in a crooked and depraved generation, in which you shine like stars in the universe. Philippians 2:14 & 15
- 30) For you have been born again, not of perishable seed, but of imperishable, through the living and enduring word of God. 1 Peter 1:23

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Daily Bible Verse Guide October



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Direct me in the path of your commands, for there I find delight. – Psalm 119:35

Is God directing your path? I love the wisdom that I received from Pastor Ken Evitts whom I met at a Stephen Ministry Leadership conference.* We sat at the same table together. While I have been on my spiritual path, seeking, studying, meditating and learning; when the opportunity arises to be able to speak to a pastor, I always take advantage of it. After all, pastors spend years studying the Bible and leading through example.

My question to Pastor Ken was, "How do I know that I am on the right path?" His explanation to me was that being directed by God was like power steering in a car. In James 1:22 it says, "But be ye doers of the word, and not hearers only, deceiving your own selves."

He said that it was important to "do" because in the doing it meant moving. Power steering doesn't work very well when a car isn't moving. When a car is moving, however, the power steering kicks in and it's very easy to steer the car in any direction. When we keep moving and ask God to direct us, He will steer us in the right direction.

So, keep seeking, doing and living your life, always asking for God to direct your path.

^{*}Stephen Ministry teaches The Stephen Series – a complete system for training and organizing lay people to provide one-to-one Christian care to hurting people in and around your congregation. The website is http://www.stephenministries.org

October

- 1) Direct me in the path of your commands, for there I find delight. Psalm 119:35
- 2) Call to me and I will answer you and tell you great and unsearchable things you do not know. Jeremiah 33:3
- 3) How much better to get wisdom than gold, to choose understanding rather than silver! Proverbs 16:16
- 4) I am not saying this because I am in need, for I have learned to be content whatever the circumstances. Philippians 4:11
- 5) The Lord is not slow in keeping his promise, as some understand slowness. He is patient with you, not wanting anyone to perish, but everyone to come to repentance. 2 Peter 3:9
- 6) No, in all things we are more than conquerors through him who loved us.

 Romans 8:37
- 7) And I will ask the Father, and he will give you another Counselor to be with you forever. John 14:16
- 8) It will come about after this that I will pour out My Spirit on all mankind; and your sons and daughters will prophesy, your old men will dream dreams, your young men will see visions. Joel 2:28
- 9) Therefore we do not lose heart. Though outwardly we are wasting away, yet inwardly we are being renewed day by day. 2 Corinthians 4:16
- 10) Let us draw near to God with a sincere heart in full assurance of faith, having our hearts sprinkled to cleanse us from a guilty conscience and having our bodies washed with pure water. Hebrews 10:22
- 11) The mocker seeks wisdom and finds none, but knowledge comes easily to the discerning. Proverbs 14:6
- 12) So do not fear, for I am with you; do not be dismayed, for I am your God. I will strengthen you and help you; I will uphold you with my righteous right hand.

- Isaiah 41:10
- 13) But when you pray, go into your room, close the door and pray to your Father, who is unseen. Then your Father, who sees what is done in secret, will reward you. Matthew 6:6
- 14) Here I am! I stand at the door and knock. If anyone hears my voice and opens the door, I will come in and eat with him, and he with me. Revelation 3:20
- 15) Jesus replied, "I tell you the truth, if you have faith and do not doubt, not only can you do what was done to the fig tree, but also you can say to this mountain, 'Go, throw yourself into the sea,' and it will be done."
 - Matthew 21:21
- 16) Therefore be clear minded and self-controlled so that you can pray.1 Peter 4:7
- 17) Do not boast about tomorrow; for tomorrow will care for itself. Each day has enough trouble of its own. Matthew 6:34
- 18) Meditate in your heart upon your bed and be still. Psalm 4:4
- 19) I pray also that the eyes of your heart may be enlightened in order that you may know the hope to which he has called you, the riches of his glorious inheritance in the saints. Ephesians 1:18
- 20) He will wipe every tear from their eyes. There will be no more death or mourning or crying or pain, for the old order of things has passed away. – Revelation 21:4
- 21) Examine yourselves to see whether you are in the faith; test yourselves. Do you not realize that Christ Jesus is in you unless, of course, you fail the test? 2 Corinthians 13:5
- 22) There is a time for everything, a time to tear and time to mend, a time to be silent and a time to speak. Ecclesiastes 3:1 & 7
- 23) And without faith it is impossible to please God, because anyone who comes to him must believe that he exists and that he rewards those who earnestly seek him. Hebrews 11:6
- 24) The Lord will fight for you; you need only to be still. Exodus 14:14

- 25) May the God of hope fill you with all joy and peace as you trust in him, so that you may overflow with hope by the power of the Holy Spirit. Ephesians 5:18
- 26) He reveals deep and hidden things; he knows what lies in darkness, and light dwells with him. Daniel 2:22
- 27) Jesus Christ is the same yesterday and today and forever. Hebrews 13:8
- 28) Give thanks to the Lords for he is good; his love endures forever. 1 Chronicles 16:34
- 29) Who comforts us in all our troubles, so that we can comfort those in any trouble with the comfort we ourselves have received from God.

 2 Corinthians 1:4
- 30) How precious to me are your thoughts, O God! How vast is the sum of them!

 Psalm 139:17
- 31) Then he said to Thomas, "Put your finger here; see my hands. Reach out your hand and put it into my side. Stop doubting and believe." John 20:27

Just two months left to the year! How has the year gone? How have you seen God working in your life?

Guided Meditations Find Peace, Clarity and Direction





Daily Bible Verse Guide November



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But those who hope in the Lord will renew their strength. They will soar on wings like eagles, they will run and not grow weary, and they will walk and not be faint.

- Isaiah 40:31

Of all the birds, the eagle is the most majestic, such a source of beauty, power and strength.

Perhaps you are soaring right now in your life. Or, perhaps you are growing weary and faint. Life can be overwhelming at times. Many of us never gave a thought to having to take care of parents. Attention was given to getting our own children raised and getting a respite so to speak from that challenge. Traditional, steady employment with promises of raises is no longer a guarantee. Aging brings on new health issues. Love relationships are lost and heartaches and disappointments can fill our lives.

But God is there through it all. All of our challenges, all of our burdens we can cast on Him.

Maybe life is good right now. November means the month of Thanksgiving. We give thanks for all that we have. Be thankful for the tough times that build our courage and make us stronger. Be thankful for the good times, because God is good.

"Be joyful always; pray continually; give thanks in all circumstances, for this is God's will for you in Christ Jesus." – 1 Thessalonians 5:16-18

November

- 1) But those who hope in the Lord will renew their strength. They will soar on wings like eagles, they will run and not grow weary, and they will walk and not be faint. Isaiah 40:31
- 2) Blessed is the man who perseveres under trial, because when he has stood the test, he will receive the crown of life that God has promised to those who love him. James 1:12
- 3) Then we will no longer be infants, tossed back and forth by the waves, and blown here and there by every wind of teaching and by the cunning and craftiness of men in their deceitful scheming. Ephesians 4:14
- 4) Teach me your way, O Lord; lead me in a straight path. Psalm 27:11
- 5) Who of you by worrying can add a single hour to his life? Luke 12:25
- 6) Cast your cares on the Lord and he will sustain you; he will never let the righteous fall. Psalm 55:22
- 7) For he chose us in him before the creation of the world to be holy and blameless in his sight. In love. Ephesians 1:4
- 8) Your sun will never set again, and your moon will wane no more; the Lord will be your everlasting light, and your days of sorrow will end. Isaiah 60:20
- 9) When anxiety was great within me, your consolation brought joy to my soul. Psalm 94:19
- 10) Set your mind on the things above, not on the things that are on earth.Colossians 3:2
- 11) You ask and do not receive, because you ask with wrong motives, so that you may spend it on your pleasures. James 4:3
- 12) For I will turn their mourning into joy and will comfort them and give them joy for their sorrow. Jeremiah 31:13
- 13) Above all, keep fervent in your love for one another, because love covers a multitude of sins. 1 Peter 4:8

- 14) Do your best to present yourself to God as one approved, a workman who does not need to be ashamed and who correctly handles the word of truth.2 Timothy 2:15
- 15) For whatever is born of God overcomes the world; and this is the victory that has overcome the world—our faith. 1 John 5:4
- 16) For we walk by faith and not by sight. 2 Corinthians 5:7
- 17) In all your ways acknowledge Him, and He will make your paths straight.

 Proverbs 3:6
- 18) Also we have obtained an inheritance, having been predestined according to His purpose who works all things after the counsel of His will. Ephesians 1:11
- 19) For I am convinced that neither death, nor life, nor angels, nor principalities, nor things present, nor things to come, nor powers, nor height, nor depth, nor any other created thing, will be able to separate us from the love of God, which is in Christ Jesus our Lord. Romans 8:38 & 39
- 20) Therefore we do not lose heart, but though our outer man is decaying, yet our inner man is being renewed day by day. 2 Corinthians 4:16
- 21) This is what the Lord says-your Redeemer, the Holy One of Israel: "I am the Lord your God, who teaches you what is best for you, who directs you in the way you should go." Isaiah 48:17
- 22) I will praise the Lord, who counsels me; even at night my heart instructs me.

 Psalm 26:7
- 23) May the Lord direct your hearts into God's love and Christ's perseverance.

 2 Thessalonians 3:5
- 24) Many are the plans in a man's heart, but it is the Lord's purpose that prevails. Proverbs 19:21
- 25) He chose to give us birth through the word of truth, that we might be a kind of first fruits of all he created. James 1:18
- 26) Let us come before him with thanksgiving and extol him with music and song. For the Lord is the great God, the great King above all gods. Psalm 95:2-3
- 27) But thanks be to God! He gives us the victory through our Lord Jesus Christ. 1 Corinthians 15:57

- 28) Fight the good fight of the faith. Take hold of the eternal life to which you were called when you made your good confession in the presence of many witnesses. 1 Timothy 6:12
- 29) For it is God who works in you to will and to act according to his good purpose.Philippians 2:13
- 30) Your kingdom is an everlasting kingdom, and your dominion endures through all generations. The Lord is faithful to all his promises and loving toward all he has made. Psalm 145:13

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Daily Bible Verse Guide December



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Now if we are children, then we are heirs - heirs of God and co-heirs with Christ, if indeed we share in his sufferings in order that we may also share in his glory.

- Romans 8:17

Many times, I believe that we forget **whose** we are. We are children of God, as Paul states, and co-heirs with Christ. And Peter writes, "But you are a chosen people, a royal priesthood, a holy nation, a people belonging to God, that you may declare the praises of him who called you out of darkness into his wonderful light." - 1 Peter 2:9

We are given these words to live our lives with assurance and confidence. If thoughts of doubt, fear or low self-esteem nag at you, remember whose you are.

We celebrate Christ's birthday in the month of December. Traditions, parties and events will fill our calendars. This December make sure that you do your best to slow down and enjoy the holiday season. Give yourself a present, the present moment to give thanks and celebrate whose you are. Give thanks for the greatest present of all, our Lord and Savior, Jesus Christ.

December

- 1) Though you have not seen him, you love him; and even though you do not see him now, you believe in him and are filled with an inexpressible and glorious joy. 1 Peter 1:8
- 2) We have not received the spirit of the world but the Spirit who is from God, that we may understand what God has freely given us. 1 Corinthians 2:12
- 3) To this you were called, because Christ suffered for you, leaving you an example, that you should follow in his steps. 1 Peter 2:21
- 4) If I have the gift of prophecy and can fathom all mysteries and all knowledge, and if I have a faith that can move mountains, but have not love, I am nothing.

 1 Corinthians 13:2
- 5) Now faith is being sure of what we hope for and certain of what we do not see.

 Hebrews 11:1
- 6) Do not be deceived, God is not mocked; for whatever a man sows, this he will also reap. Galatians 6:7
- 7) Do you not know? Have you not heard? The Lord is the everlasting God, the Creator of the ends of the earth. He will not grow tired or weary, and his understanding no one can fathom. Isaiah 40:28
- 8) But he said to me, "My grace is sufficient for you, for my power is made perfect in weakness." Therefore I will boast all the more gladly about my weaknesses, so that Christ's power may rest on me. 2 Corinthians 12:9
- 9) Test me, O Lord, and try me, examine my heart and my mind. Psalm 26:2
- 10) I applied my heart to what I observed and learned a lesson from what I saw. Proverbs 24:32
- 11) So that you may know the certainty of the things you have been taught.

 Luke 1:4
- 12) And he who searches our hearts knows the mind of the Spirit, because the Spirit intercedes for the saints in accordance with God's will. Romans 8:27
- 13) Because those who are led by the Spirit of God are sons of God. Romans 8:14

- 14) The thief comes only to steal and kill and destroy; I have come that they may have life, and have it to the full. John 10:10
- 15) Take my yoke upon you and learn from me, for I am gentle and humble in heart, and you will find rest for your souls. Matthew 11:29
- 16) He who answers before listening-that is his folly and his shame.– Proverbs 18:13
- 17) He will cover you with his feathers, and under his wings you will find refuge; his faithfulness will be your shield and rampart. Psalm 91:4
- 18) My help comes from the Lord, the Maker of heaven and earth. Psalm 121:2
- 19) Pure and undefiled religion in the site of our God and Father is this: to visit orphans and widows in their distress, and to keep oneself unstained by the world. James 1:27
- 20) Make me know your ways, O Lord; teach me your paths. Psalm 25:4
- 21) So from now on we regard no one from a worldly point of view. Though we once regarded Christ in this way, we do so no longer. 2 Corinthians 5:16
- 22) Now if we are children, then we are heirs-heirs of God and co-heirs with Christ, if indeed we share in his sufferings in order that we may also share in his glory.

 Romans 8:17
- 23) But the angel said to them, "Do not be afraid. I bring you good news of great joy that will be for all people." Luke 2:10
- 24) For God so loved the world that he gave his one and only Son, that whoever believes in him shall not perish but have eternal life. For God did not send his Son into the world to condemn the world, but to save the world through him. John 3:16-17
- 25) For to us a child is born, to us a son is given, and the government will be on his shoulders. And he will be called Wonderful, Counselor, Mighty God, Everlasting Father, Prince of Peace. Isaiah 9:6
- 26) For you did not receive a spirit that makes you a slave again to fear, but you received the Spirit of sonship. Romans 8:15

- 27) Now that you have purified yourselves by obeying the truth so that you have sincere love for your brothers, love one another deeply, from the heart. For you have been born again, not of perishable seed, but of imperishable, through the living and enduring word of God. 1 Peter 1:22-23
- 28) But small is the gate and narrow the road that leads to life, and only a few find it. Matthew 7:14
- 29) For the Lamb in the center of the throne will be their shepherd, and will guide them to springs of the water of life; and God will wipe every tear from their eyes. Revelation 7:17
- 30) Oh, the depth of the riches of the wisdom and knowledge of God!

 Romans 11:33
- 31) The Lord bless you and keep you; the Lord make his face shine upon you and be gracious to you; the Lord turn his face toward you and give you peace.

 Numbers 6:24-26

As another year comes to an end, make a renewed commitment to continue a habit of journaling, prayer and meditation. Make these practices a part of your spiritual life, for the rest of your earthly life.

You will be deeply rooted in God's love. You will bear the fruits of the Spirit and be a blessing to others through: love, joy, peace, patience, kindness, generosity, faithfulness, gentleness and self-control. You will be able to soar like the eagle and fly above life's challenges.

Thank you for sharing your journey with me.

Peace, courage and abundant blessings,



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